

YOUNG TALENT ON & OFF COURT

Three of our WTC student members are graduating this year and we are really proud of their individual successes.

VICKI DALE has been away studying BA Biological Sciences, specialising in animal behaviour and ecology at St Hugh's College, Oxford University and she will be graduating this Autumn with 1st Class Hons.



Vicki was selected for the Oxford Blues' tennis team in her first year but sadly had to give up due to her course workload. She was able to play a little tennis for her college in the summer terms, but mostly had to focus on work as the terms were very short.

Vicki is going to be taking a year out with the aim of gaining some research experience and also to have some time away from study. She hopes to fit in some travelling alongside part-time work and PhD applications, as she hopes to return to university to complete a Masters/PhD. Her aim is to investigate the effect of climate change on the behaviour of migratory birds with a view to working as a field ecologist in the future. We all hope she manages to also get back on the tennis court with us soon as we have really missed her in our ladies and mixed teams.

LAUREN HOWARD has been busy the other side of the Atlantic studying at West Liberty University in West Virginia. Lauren made her mark on and off the court during her four years there. She was a 4-time first-team All-Conference honoree, earned Player of the Year honors and is a former ITA Atlantic Region Rookie of the Year. She finished her career with a sparkling 144-57 record. As a senior, Lauren was the Atlantic Region's No. 7-ranked singles player and was No. 4-ranked in doubles.

Just as busy off the court, Lauren actively supported numerous charity events on campus. She raised funds for cancer research and the prevention of other illnesses, served on the Executive board of the West Liberty Sports Business Association, helped run tennis camps and worked as an instructor at the Tennis Academy at Harvard. During all this she maintained a perfect 4.0 GPA while carrying a double major, and graduated *summa cum laude* earlier this year.



WARSASH TENNIS CLUB SUMMER TOURNAMENT

Finals Day & Hog Roast

12th Sept 2015

Matches from 11am

followed by
Hog Roast &
Prizegiving at
St Mary's Church
Hall from 7pm



ALL WELCOME

Lauren has also been chosen by the USA's Intercollegiate Tennis Association as the national winner of the highly prestigious Arthur Ashe Jr. Award for Sportsmanship and Leadership 2015. This high honour has been presented annually since 1984 to one outstanding male and female college player. Recipients are honored for their excellent sportsmanship and leadership qualities in addition to their scholastic, extracurricular and athletic achievements and she was chosen from among the eight regional winners to receive the national award in New York City at the US Open this August.

When she gets back to the UK, Lauren is preparing to do a Masters in Business Studies at Reading University and hopes to play matches for WTC, when she can, in between her studies.

Our current Warsash Singles Champion, **DAN WEST**, has been studying at Bournemouth University and graduated this summer with a 2:1 Ba (Hons) degree in International Hospitality Management. He played for the University tennis teams and was captain of the 2nd team in his second year where they gained promotion and also won the BUCS Wessex Cup. In that year he also played the BUCS Individual championships and got to the semi finals of the regional event. In his final year he played for the 1st team and they got to the quarter finals of the national cup losing to Leeds Met 1st away. Dan was able to continue playing matches for WTC during his Uni life when he could as he was studying so close to home. We may be missing him soon however as he hopes to pursue a career within hospitality (or even tennis perhaps) probably in the London area.





Festival fun in the sun

The summer officially began with WTC having a stall at the bi-annual Warsash Festival on Strawberry Field and taking part in the village scarecrow competition. Denise made a brilliant creation and it was a great talking point, attracting lots of people to our stand.

Karen D coordinated the bottle stall which, with

grateful donations from club members, proved effective in reaching lots of people to discuss tennis club membership, children's summer camps and generally raising our profile in the community. Every bottle disappeared in the tombola and committee members helped throughout the day to keep the wheels turning. Other members kindly helped to put up and take down the stall. A fun day in the sun with funds raised to support the club with plans to install a defibrillator in the near future.

ROB'S COACHING NEWS

ADULT TENNIS

The adult tennis programme is running well with a lot of team players participating which Rob feels is helping the players compete well in their matches. The sessions gives all the chance to practice and develop shots and tactics which otherwise could be missed with a general hit. Any members who haven't tried a session for a while or haven't attended recently but want to get involved please let Rob know and he will give suggestions and help. Due to summer holidays the Monday Cardio & Coffee session will stop and resume back in September. Anyone wanting to get involved in Cardio tennis (great for a work out and open to all levels) then don't forget the Friday Cardio sessions are still running.

EQUIPMENT

A lot of members are accessing Rob's great deals on racquets, equipment and restrings, so if you are looking for anything then let him know and he will look to help and accommodate your needs.

ROB'S TENNIS TIP
 If you're playing in windy conditions learn to adapt the swing as each shot will vary. When wind is against you, try taking ball earlier, and hold a good balance. When wind is with you, try to use topspin more (if you can), or put less pace on ball as the wind will assist the power.

JUNIOR TENNIS

Amongst all the current junior sessions Rob is running his fun Summer tennis activity camps. Spaces are still available so if you would like to book please contact Rob on 07519 633559.

SUMMER CAMPS

are running throughout the school holidays on Mondays, Thursdays & Fridays 9-12 or 9-2pm



Meet your committee... Chris Coote Vets Match Secretary & Club Maintenance



It was over fifty-five years ago that I first picked up a tennis racquet, but at that time tennis was considered a minor sport played only in the summer. Therefore although I enjoyed my tennis, I concentrated on team sports such as cricket whilst at school and serving in the Royal Navy. In 1990, I began work in Saudi Arabia where my love for tennis was re-invigorated despite temperatures up to 50 degrees C and humidity approaching 90% (the secret was to drink plenty of water before start of play to ensure that you did not dehydrate; if you needed to re-hydrate later - stop playing!)

On returning home, I joined Warsash Tennis Club and found it extremely welcoming, was impressed with the success that it had in local competitions and started playing in league teams straight away. I am now the Matches' Secretary for the Veterans.

I joined the committee in 2003 and became involved in project management of the facilities. Firstly, courts 1 & 2 were resurfaced, then court 3 was completely rebuilt, court 4 constructed and finally the present clubhouse installed. Amongst other things, this involved considerable liaison with the LTA as well as both Fareham Borough and Hampshire County Councils - plus the necessary fund raising; altogether £96,000 was raised towards a total project cost of £150,000!

Presently, I manage and where necessary carry out, maintenance work on the club facilities - a never-ending job, but one which can be very satisfying. However, in order to retain them to the highest standards, please let me or a committee member know when defects occur so that they can be dealt with as soon as possible.



WARSASH PLAYERS BOOST COUNTY TEAM

Hampshire County have fielded three Warsash players in the top division of the Seniors Inter-County Championships Over 45s league. Playing in the winning matches against Staffordshire at home and Gloucestershire away were Martin Wilkinson, Ian Udal and Richard Steeds. Final position is still to be decided but they have a chance of winning the league. Good luck guys!

SAVE THE DATE
 Our annual Quiz night is booked for Saturday 7th November 7pm at St Mary's Church Hall



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